

corona

REGIONAL MEDICAL CENTER

*Minimally
invasive*
ADVANCED
TECHNOLOGY

New options for
diagnosis and treatment

PEDIATRIC CRITICAL CARE

New agreement with CHOC
Children's brings higher level of care

TOPS IN PATIENT SAFETY

Making the grade with
Healthgrades two years in a row!

Lawrence DuBois learned more
about his reflux symptoms,
thanks to the BRAVO device.



Compliments of
**CORONA
REGIONAL**
MEDICAL CENTER



Autumn is here, and as we start winding down to the end of the year, we have many exciting things to share with you. We are pleased to report the arrival of new surgical equipment to provide advanced treatment for possible GERD and blood clots, as well as diagnosing and staging lung cancer. Learn more by reading the story on page 4.

To expand our emergency care for children, we recently formalized an agreement with Children's

Hospital of Orange County. Through the advanced technology of telemedicine, doctors there are now available to consult with ER doctors around the clock to promptly address children in critical condition.

In other news, on page 7 we share information about our Healthgrades Patient Safety Excellence Award™. As the only hospital in Riverside County to earn the award two years in a row, it is evident that our hard work and dedication to patient safety remains constant. Also on page 7, learn more about the advantages of early screenings for possible lung cancer and how you can get checked.

We are always interested in hearing from you to learn how we can make your experience better. You can send me an email by visiting www.coronaregional.com/ask-the-ceo. Enjoy the cooler weather, and I look forward to hearing from you.

Sincerely,

Mark Uffer
Chief Executive Officer

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First in the tri-county area to use ultra high-definition imaging system *- only at Corona Regional*

In minimally invasive surgery, it is important for doctors to have the best view possible. We are the first hospital in Riverside, Orange and San Diego counties to use the Olympus 4K Ultra High-Definition Imaging System. Now surgeons can see images with better light, resolution and clarity. The high-definition screen also allows doctors to see minute details of anatomy structure in contrast, which can provide greater accuracy during a surgical procedure.

Visit www.coronaregional.com/surgery to learn more.

ER telemedicine now available for pediatric patients

An agreement with CHOC Children's brings a higher level of pediatric care to Corona Regional Medical Center

The agreement means greater access for high-risk and critical care pediatric patients who come to the ER. Pediatric Critical Care Specialist Jason Knight, MD, Medical Director of CHOC Children's Emergency Transport services and the CHOC Children's Telehealth Program, explains that the InTouch robot enables him to evaluate children who come to Corona Regional's ER. "The robot is put at the child's bedside and can gather vital signs and other data. There is also a monitor on the robot that allows us to see the patient, their parents and the ER doctors in real-time, and have a discussion about the child's care," says Dr. Knight.

Corona Regional ER Educator Brittany Lovell, RN, BSN, PHN, TNCC, says, "It is comforting to parents that a specialist can be consulted immediately when their child is seriously ill or injured. If the child's condition is deemed critical, CHOC Children's will send their ambulance to get the patient. Otherwise, the child can be admitted right here to our Pediatric Care Unit." ■

For more information on Corona Regional's Emergency Department, visit www.coronaregional.com/emergency.



Christopher Holden, CEO/President of Envision Healthcare, presents the award to Dr. Rhee.

ER physician receives prestigious award

Envision Physician Services, a top multi-specialty physician group and healthcare service team, recently honored James Rhee, MD, FACMT, FACEP, FAAEM, as their 2017 Emergency Medicine Physician of the Year. The award is given to an emergency medicine doctor who is recognized as a leader in the healthcare industry.

"It is very humbling to receive this award," says Dr. Rhee. "I am grateful and proud to work with such a dedicated team at Corona Regional Medical Center."

Dr. Rhee joined forces with Director of the Emergency Room Jennifer Peach-Guzman, RN, BSN, MBA, and Chief Nursing Officer and Patient Experience Director Kim Colonnelli, RN, BSN, MBA, to help put new ER processes in place and to advance the hospital's mission of transforming the patient experience in Western Riverside county.

"As a result of Dr. Rhee's leadership, the amount of time between a patient's arrival in the ER and when they are seen by a doctor has dropped significantly," says CEO Mark Uffer. "We are excited he is part of the team that continues to provide quality, patient-centered care to our community."



Advanced technology offers minimally invasive, specialized diagnostics and treatment

BRAVO™ device

If you are one of the millions of Americans who suffers from acid reflux, you are probably familiar with the heartburn, sore or burning throat from regurgitation of stomach acid and chest pain. But Gastroenterologist M. Mazen Jamal, MD, says there is a minimally invasive device, known as BRAVO, that can help determine the presence and severity of acid reflux. "During an outpatient procedure, using an endoscope, a small capsule-shaped device is attached to the esophagus wall for 48 hours. It measures the pH in the esophageal environment and sends the information wirelessly to a small recorder worn on the patient's belt or waist," says Dr. Jamal.

Lawrence DuBois was suffering from classic GERD symptoms and treated it with over-the-counter antacids without success. "Dr. Jamal recommended using the BRAVO," says Lawrence. "I wore a monitor, and whenever I was experiencing reflux or lying down, I pushed a button that tracked the level of acid. I also logged what I ate so doctors could determine what foods caused specific symptoms." When Lawrence's results came back, they indicated excessive reflux, so Dr. Jamal adjusted his medication, advised that he avoid spicy foods and referred him for further testing.

"I had a great experience at Corona Regional and I am glad they have these services close to my home. The nurses were great and put me at ease before the procedure. They were there for me the whole time," Lawrence says.



Lawrence DuBois (in car) visited the hospital to thank Dr. Jamal (L) and the staff following his experience using the BRAVO device. "I was nervous about the procedure, but the nurses were really supportive and reassuring, and I had confidence in Dr. Jamal," says Lawrence.

Endoscopic Ultrasound (EUS)

Aside from being the first doctor at Corona Regional to use the BRAVO, Dr. Jamal was also first to use the new endoscopic ultrasound (EUS) equipment. He explains it is used for staging and confirming through biopsy, cancers of the esophagus, stomach, pancreas and bile duct. It can also be used to determine the cause of gastric or esophageal nodules or pancreatitis, as well as drain pancreatic cysts and biopsy tissue. "This equipment allows us to quickly determine the treatment options, such as surgery, or have chemotherapy or radiation before surgery," says Dr. Jamal.

This recently acquired equipment can make a big difference in identifying and treating conditions related to gastroesophageal reflux disease (GERD), lung cancer and other conditions, as well as blood clots in the lower extremities.



Aimee French, MD
Pulmonologist

Endobronchial Ultrasound (EBUS)

An advocate for bringing EBUS technology to Corona Regional, Pulmonologist Aimee French, MD, explains it helps in diagnosing and staging lung cancer or lymph nodes in the chest. Using ultrasound technology, the scope allows her to see lymph nodes and suspicious masses on a monitor. There is also a very fine needle on the end of the EBUS scope so biopsies can be taken if necessary. "It is much less invasive to use the scope and biopsy on the inside versus the traditional approach of going through an external incision. We can do all the testing and diagnosing right here, so people don't have to travel outside the community for care," says Dr. French. The procedure usually takes less than an hour and patients go home the same day.



Tina Ng, MD
Vascular Surgeon

AngioJet™

A common condition seen by vascular surgeons is something known as a deep vein thrombosis (DVT). This is a blood clot commonly in the lower extremities. The AngioJet is minimally invasive technology that can remove the clots. Vascular Surgeon Tina Ng, MD, says the procedure is done in the hospital using local anesthetic and conscious sedation. An ultrasound and venogram locate the clot, then a catheter is inserted into the vein to break up the clots and aspirate it. "Patients are

observed overnight for possible bleeding complications, and can generally resume walking and light exercise the next day," says Dr. Ng.

Francisca Perez developed a blood clot in her leg following hip surgery. She had swelling and pain behind her knee and had difficulty walking, so she went to the ER. Dr. Ng evaluated her there and thought she would be a good candidate for the AngioJet. "I had extensive clotting, so Dr. Ng admitted me that night and did the procedure the next day," says Francisca. "She removed the clots and after a short course of blood thinners, my veins are clear." Francisca says she had a great experience at Corona Regional, and the nurses and staff were phenomenal. "We are so fortunate to have this hospital in our community," she says. "I give them a 10!" ■

Francisca Perez is grateful for the care she received at Corona Regional Medical Center.

For a free physician referral, call Direct Doctors Plus® at 800-882-4362.

Individual results may vary. There are risks associated with any surgical procedure. Talk with your doctor about these risks to find out if minimally invasive surgery is right for you.



Enhancing the patient experience with our *new ER*

The only ER in Corona, Norco and Eastvale, we recently unveiled a new addition, with more room to serve you with separate walk-in and ambulance entrances, shelled space for future patient rooms and more, including:

- Four times the space. Enlarged from 5,400 to about 20,000 square feet to serve our more than 46,000 and growing, ER patients per year
- Increase in number of beds – from 16 to 30
- Shorter wait times and Rapid Medical Evaluation area for less emergent conditions
- More nursing stations to improve visibility and patient care
- Dedicated room for private consultations with medical staff
- New CT scan and MRI housed in the ER allows for quicker testing
- Stroke Telemedicine with UC Irvine affiliation. Highly trained neurologists use advanced technology to remotely view, diagnose and treat ER patients exhibiting signs of stroke. It's as if the neurologist is right at your bedside!

To learn more about the services provided in our emergency room and to watch a video about a patient who fully recovered after receiving care for stroke at CRMC, visit, www.coronaregional.com/emergency.



Corona Regional was recently recognized by the American Heart Association and American Stroke Association with the Get With The Guidelines®-Stroke SILVER PLUS Achievement Award. The award is given to hospitals for their continued success in following evidence-based treatment guidelines that improve patient care and outcomes in their community.

Focus on patient safety earns excellence award, *two years in a row!*



Corona Regional Medical Center was recently recognized by Healthgrades after receiving a 2017 Patient Safety Excellence Award™. This designation shines the spotlight on superior hospital performance

in preventing infections, medical errors, and other complications based on 14 serious, potentially preventable adverse events. CRMC is the only hospital in Riverside County named among the top five percent in the nation for Patient Safety two years in a row.

Healthgrades is the leading online resource for comprehensive information about physicians and hospitals, and this award places our hospital among the

top five percent of all short-term acute care hospitals who report patient safety data. Healthgrades found that hospitals with this ranking were at much lower risk for accidents during procedures or surgeries, and less likely to experience certain infections or pressure sores than hospitals who did not receive the award.

Hospital CEO Mark Uffer says he is very excited and proud to have received this award. “Our patients’ safety is a priority, and we are honored to be recognized for our efforts in providing the highest standards of care.”

For more information on our advanced technology, innovative programs and patient-centered care, visit www.coronaregional.com.

Low-dose CT screening for lung cancer **NOW AVAILABLE**

If you are a current or former smoker, you may be at risk for lung cancer. But with low-dose CT screening, cancer may be detected in its earliest, most-treatable stage, before symptoms even develop. The machine works by using X-rays to make cross-sectional images of your chest. The test takes just a few minutes, and uses only one quarter of the radiation as compared to a standard CT, which reduces the amount of your exposure.

Who is eligible for a screening?

- Smokers who are 55-77 years old
- Persons who have smoked a pack or more of cigarettes a day for at least 30 years
- Current smokers or those who quit less than 15 years ago
- Persons with a family history of lung cancer
- Individuals with no symptoms of lung cancer such as cough, shortness of breath or chest pain

The American Lung Association states that low-dose CT is the only recommended screening test for lung cancer. The screening is covered by Medicare and most private insurance plans for patients who qualify.

To make an appointment for a low-dose CT lung screening, please call 951-736-6270. For more information, visit www.coronaregional.com/lung.





Health Records **Online**

Access select medical records online ...
24 hours per day, seven days a week.

Health Records Online is a secure service from Corona Medical Center. All you need is an Internet connection and a computer or smartphone to see your healthcare records, including; discharge instructions, lab results, medications, allergies, immunizations and procedures.

It's Easy To Enroll

Provide your email address at registration and we will email you an invitation to join. Or, enroll at any time after registration by visiting www.coronaregional.com/hro. When enrolling, enter your Medical Record Number (MRN) found on your hospital wristband or on documentation provided at discharge.



For more information go to www.coronaregional.com/hro

CALENDAR OF EVENTS

Tours

Maternity Tours

Time: Wednesdays 6 – 7 p.m.

October 18, 25; November 1, 15;

December 6, 13

Maternity tours in Spanish are available.

Call 951-808-6721 to make an appointment.

Sibling Class (Big Brother/Big Sister)

Time: First Wednesday of each month, 4 – 5 p.m.

November 1; December 6

Classes

Childbirth Bootcamp - Accelerated (one day)

Time: Saturdays 9 a.m. – 2 p.m.

October 7, 21; November 1; December 2

Baby Basics

Time: Wednesdays 6 – 8 p.m.

October 11; November 8; December 13

Best Fed Class (Breastfeeding Preparation)

Time: Wednesdays 6:30 – 8:30 p.m.

October 18; November 15; December 6

Breastfeeding Support Group

Time: Every Wednesday 1 – 3 p.m.

**For reservations, visit our website at
www.coronaregional.com/classes.**

For more information, call 951-808-6721.

CRMC Hospice Auxiliary

Bereavement Groups

Location: CRMC Rehabilitation Hospital
730 Magnolia, Corona, CA 92879

Tuesdays: October 17 – November 28

Time: 7 – 8:30 p.m.

**For more information or to register,
call 951-736-7286.**

HEALTH NEWS FROM
CORONA REGIONAL MEDICAL CENTER

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